

TERM TIME TIMETABLE MAIN POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING 25/04/22 - 29/05/22

15 Mins	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
MONDAY	EARLY BIRDS LANES 07:00 - 09:00		GENERAL SWIMMING 09:00-10:00		AQUAFIT (S + D) 10:00 - 10:45		GP		2 LANES 12:00 - 13:30		GENERAL SWIMMING 10:45 - 14:30		SCHOOLS 14:30-15:00		LESSONS		AQUAGYM		GP		1 LANE - 18:00 - 21:00		MUSIC SWIM		ADULTS ONLY		CLOSED				
TUESDAY	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM 09:00 - 10:30		ADULTS ONLY		GENERAL SWIMMING 10:00 - 13:30		ADULT LESSONS		2 LANES 12:00 - 13:30		SCHOOLS 13:30-14:30		LESSONS		1 LANE - 17:00 - 18:00		ROOKIES 2 LANES		AQUAFIT (S) 19:30 - 20:15		CLOSED								
WEDNESDAY	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM		GENERAL SWIMMING 09:00 - 10:00		AQUAFIT (S + D) 10:00 - 10:45		ADULT LESSONS		LANES 12:00 - 13:30		GENERAL SWIMMING 10:45 - 14:15		SCHOOLS 14:15-14:45		LESSONS		1 LANE - 17:00 - 18:00		ELITE 2 LANES		SWIM CLUB		CLOSED						
THURSDAY	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM		GP		AQUAFIT (S + D) 10:00 - 10:45		SCHOOLS 11:00-12:00		LANES 12:00-13:30		GENERAL SWIM 12:00-14:00		SCHOOLS 14:00-14:30		LESSONS		1 LANE - 16:00 - 17:30		ROOKIES 2 LANES 1 Lane		SWIM CLUB		CLOSED						
FRIDAY	EARLY BIRDS LANES 07:00 - 09:00		ADULTS ONLY		GENERAL SWIM 10:00-13:30		2 LANES 12:00 - 13:30		SCHOOLS 13:30-15:00		LESSONS		GENERAL SWIMMING 15:00 - 20:00		ELITE SURVIVAL		SWIM CLUB		ADULTS ONLY		CLOSED										
SATURDAY	CLOSED		LESSONS WIDTH 09:00-09:30		LESSONS 2 LANES		LANES 12:00 - 13:30		GENERAL SWIMMING 9:00 - 14:00		FLOAT SESSION 14:00 - 15:00		CLOSED																		
SUNDAY	CLOSED		GENERAL SWIMMING 9:00 - 14:00		2 LANES 12:00 - 13:30		GENERAL SWIMMING 14:00 - 15:00		GENERAL SWIMMING 15:00 - 16:00		CLOSED																				

HYDRO POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING

15 Mins	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00
MONDAY	GENERAL SWIMMING 08:00 - 11:00 (CAPACITY 12)				PRIVATE BOOKING HYDROTHERAPY				LESSONS				GENERAL SWIMMING 15:00 - 16:00 (CAPACITY 18)		LESSONS		GP		GENERAL SWIM 19:15-20:15 (CAPACITY 12)		CLOSED				
TUESDAY	GENERAL SWIMMING 08:00-9:00 (CAPACITY 12)		ADULTS ONLY 9:00 - 10:00 (CAPACITY 12)		GENERAL SWIMMING 10:00- 11:00 (CAPACITY 12)		GENERAL SWIMMING 11:00- 12:00 (CAPACITY 18)		GP		LESSONS		GENERAL SWIMMING 15:00 - 16:00 (CAPACITY 18)		LESSONS		GENERAL SWIMMING 18:00 - 19:00 (CAPACITY 18)		PUBLIC REHAB 19:00 - 20:00		CLOSED				
WEDNESDAY	GENERAL SWIMMING 08:00 -11:00 (CAPACITY 12)				PRIVATE BOOKING WATER BABIES				GENERAL SWIMMING 14:00 - 16:00 (CAPACITY 18)				LESSONS		GENERAL SWIMMING 18:00 - 20:00 (CAPACITY 12)				CLOSED						
THURSDAY	GENERAL SWIMMING 08:00 -11:00 (CAPACITY 12)				PRIVATE BOOKING WATER BABIES				GENERAL SWIMMING 15:00 - 16:00 (CAPACITY 18)		LESSONS		GENERAL SWIMMING 18:00 - 20:00 (CAPACITY 12)				CLOSED								
FRIDAY	GENERAL SWIMMING 08:00-9:00 (CAPACITY 12)		PUBLIC REHAB 09:00 - 10:00 (CAPACITY 12)		GENERAL SWIMMING 10:00- 11:00 (CAPACITY 12)		LESSONS				PRIVATE BOOKING WATER BABIES				LESSONS		GENERAL SWIMMING 18:00 - 20:00 (CAPACITY 12)				CLOSED				
SATURDAY	LESSONS				GENERAL SWIMMING 11:00- 14:00 (CAPACITY 18)				CLOSED																
SUNDAY	LESSONS				GENERAL SWIMMING 12:00- 16:00 (CAPACITY 18)				CLOSED																

We reserve the right to make changes at anytime if circumstances change with swimming volumes, lanes and courses

- COLOUR CHART:
- SWIMMING
 - ADULTS ONLY
 - FUN SESSIONS
 - PARTIES
 - AQUAFIT
 - LESSONS
 - AQUAGYM
 - LANES
 - PUBLIC REHAB
 - SCHOOLS
 - OTHER
 - NOT OPEN TO THE PUBLIC
 - GP REFERRAL
- S = Shallow End
D = Deep End

CONTACT US:

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PRICES - AS OF 5th Oct 2020			PLEASE NOTE THE TIMETABLE MAY CHANGE AND LESSONS OR GROUPS MAY AT TIMES TAKE UP SPACE THAT IS NOT ADVERTISED		
SWIMMING	Non Member	Loyalty Member	MONTHLY MEMBERSHIP		PRIVATE SWIMMING LESSONS
Adult	£5.00	£4.20	Monthly Direct Debit that allows the holder unlimited swims and Aqua-fitness classes. Add £2 if paying cash or card monthly.		1/2 Hour £17
Junior (Under 18)	£3.50	£3.00	Adult £30		3/4 Hour £20
Senior (65 years +)	£4.70	£3.90	Junior (Under 18) £20		1 Hour £23
Under 4s	FREE	FREE	Senior (65 years +) £28		
Disabled	£4.00	£3.50	Disabled £20		
Carer	£1.00	----	Family £75 (2 Adults & 2 Children)		
Hydrotherapy Pool (Booking Only)	Adult = £5	Child = £4	LOYALTY CARD GIVES DISCOUNTED SWIMS		
Aquafit	£6.30	£5.50	Adult/Senior £25		
Corportate	£2.00	----	Disabled/Junior £20		
AQUAGYM			Members Anunal Parking Pass only £30		
Induction	£10.00	£5.00	10 SESSION COURSES		
Gym Session (only)	£6.00	£4.00	10 session courses for Swimming and Aquafit are available to purchase and will save you 10%		
Gym Session & General Swim			Adult x 10 £45.00		
Adult	£7.00		Junior x 10 (Under 18) £31.50		
Junior (16 years +)	£5.50		Senior x 10 (65 years +) £42.50		
Senior	£6.70		Disabled x 10 £36.00		
Disabled	£6.00		AQUAFIT x 10 £57.00		
An Aquagym session for a Monthly Member will cost:		£2.00			
Family Fun Float Session					
Float Sessions run every Sunday 13:30-14:30					
Adult	£5.00				
Junior (Under 18)	£3.50				
Float Sessions run every Sunday 14:00-15:00					
Float sessions also run if there are under 10 people for the Inflatable session					
Adult	£4.70				
Junior (Under 18)	£3.20				

