

EASTER HOLIDAY MAIN POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING 07/04/2025 - 13/04/25

WEEK ONE

15 Mins	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
MONDAY 7TH APRIL	EARLY BIRDS LANES 07:00 - 09:00				AQUAFIT (S) 09:00 - 09:45		AQUAFIT (S) 10:00 - 10:45		GENERAL SWIMMING 10:45 - 15:00								NPLQ 12:00-14:00		INFLATABLE SESSION 15:00 - 16:00		1 LANE - 16:00 - 21:00										CLOSED		
TUESDAY 8TH APRIL	EARLY BIRDS LANES 07:00 - 09:00				AQUAGYM 09:00 - 10:30		ADULTS ONLY		ADULT LESSONS 2 LANES		GENERAL SWIMMING 10:00 - 15:00								NPLQ 12:00-14:00		FLOAT FUN SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:30										CLOSED
WEDNESDAY 9TH APRIL	EARLY BIRDS LANES 07:00 - 09:00				GENERAL SWIMMING 09:00 - 10:00		AQUAFIT (S + D) 10:00 - 10:45		ADULT LESSONS		GENERAL SWIMMING 10:45 - 15:00								NPLQ 12:00-14:00		INFLATABLE SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:00										CLOSED
THURSDAY 10TH APRIL	EARLY BIRDS LANES 07:00 - 09:00				GENERAL SWIMMING 09:00 - 10:00		AQUAFIT (S + D) 10:00 - 10:45		GENERAL SWIMMING 10:45 - 15:00								NPLQ 12:00-14:00		FLOAT FUN SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:30										CLOSED		
FRIDAY 11TH APRIL	EARLY BIRDS LANES 07:00 - 09:00				ADULTS ONLY		GENERAL SWIMMING 10:00 - 15:00								NPLQ 12:00-14:00		INFLATABLE SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:30										CLOSED				
SATURDAY 12TH APRIL	CLOSED				GENERAL SWIMMING 9:00 - 14:00								2 LANES 12:00 - 13:30		INFLATABLE SESSION 14:00 - 15:00		Available for party hire - please ring for info		CLOSED														
SUNDAY 13TH APRIL	CLOSED				GENERAL SWIMMING 9:00 - 14:00								2 LANES 12:00 - 13:30		FLOAT FUN SESSION 14:00 - 15:00		GENERAL SWIMMING 15:00 - 16:00		CLOSED														

HYDRO POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING

15 Mins	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00			
MONDAY 7TH APRIL	GENERAL SWIMMING 08:00 - 18:00																		GP				CLOSED					
TUESDAY 8TH APRIL	GENERAL SWIMMING 08:00 - 09:00		ADULTS ONLY 09:00 - 10:00		GENERAL SWIMMING 10:00 - 12:00				GP				GENERAL SWIMMING 15:00-19:00						PUBLIC REHAB 19:00 - 20:00		CLOSED							
WEDNESDAY 9TH APRIL	GENERAL SWIMMING 08:00 - 15:00												GP		GENERAL SWIMMING 16:00- 20:00										CLOSED			
THURSDAY 10TH APRIL	GENERAL SWIMMING 08:00 - 20:00																								CLOSED			
FRIDAY 11TH APRIL	GENERAL SWIMMING 08:00 - 9:00		PUBLIC REHAB 09:00 - 10:00		GENERAL SWIMMING 10:00 - 13:00				PRIVATE BOOKING WATER BABIES						GENERAL SWIMMING 16:00 - 20:00						CLOSED							
SATURDAY 12TH APRIL	GENERAL SWIMMING 09:00- 14:00												CLOSED															
SUNDAY 13TH APRIL	GENERAL SWIMMING 09:00 - 16:00												CLOSED															

We reserve the right to make changes at anytime if circumstances change with swimming volumes, lanes and courses

COLOUR CHART: SWIMMING ADULTS ONLY FUN SESSIONS PARTIES AQUAFIT LESSONS AQUAGYM

S = Shallow End
D = Deep End

LANES PUBLIC REHAB SCHOOLS OTHER NOT OPEN TO THE PUBLIC GP REFERRAL

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EASTER HOLIDAY MAIN POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING 14/04/2023 - 20/04/23

WEEK TWO

15 Mins	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	
MONDAY 14TH APRIL	EARLY BIRDS LANES 07:00 - 09:00		AQUAFIT (S) 09:00 - 09:45		AQUAFIT (S) 10:00 - 10:45		GENERAL SWIMMING 10:45 - 15:00				2 LANES 12:00 - 13:30		INFLATABLE SESSION 15:00 - 16:00		1 LANE - 16:00 - 21:00				AQUAGYM		GP		AQUAGYM		ADULTS ONLY		CLOSED					
TUESDAY 15TH APRIL	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM 09:00 - 10:30		ADULTS ONLY		GP		ADULT LESSONS 2 LANES 12:00 - 13:30		2 LANES 12:00 - 13:30		GENERAL SWIMMING 10:00 - 15:00		FLOAT FUN SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:30				GENERAL SWIMMING 16:00 - 19:00		MUSIC SWIM		ADULTS ONLY		AQUAFIT (S) 19:30 - 20:15		TRICLUB			
WEDNESDAY 16TH APRIL	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM		GENERAL SWIMMING 09:00 - 10:00		GP		AQUAFIT (S + D) 10:00 - 10:45		ADULT LESSONS 12:00 - 13:30		GENERAL SWIMMING 10:45 - 15:00		INFLATABLE SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:00				GENERAL SWIMMING 15:00 - 19:00		SWIM CLUB		CLOSED							
THURSDAY 17TH APRIL	EARLY BIRDS LANES 07:00 - 09:00		AQUAGYM		GP		GENERAL SWIMMING 09:00 - 10:00		AQUAFIT (S + D) 10:00 - 10:45		LANES 12:00-13:30		GENERAL SWIMMING 10:45 - 15:00		FLOAT FUN SESSION 15:00 - 16:00		1 LANE - 16:00 - 19:30				GENERAL SWIMMING 15:00-19:30		1 Lane		SWIM CLUB		CLOSED					
FRIDAY 18TH APRIL	CLOSED																															
SATURDAY 19TH APRIL	CLOSED				GENERAL SWIMMING 9:00 - 14:00								2 LANES 12:00 - 13:30		INFLATABLE SESSION 15:00 - 16:00		CLOSED															
SUNDAY 20TH APRIL	CLOSED																															

HYDRO POOL TIME TABLE - ALL THE BLUE SPACES CAN BE USED FOR GENERAL SWIMMING

15 Mins	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00							
MONDAY 14TH APRIL	GENERAL SWIMMING 08:00 - 18:00																				GP				CLOSED							
TUESDAY 15TH APRIL	GENERAL SWIMMING 08:00 - 09:00		ADULTS ONLY 09:00-10:00		GENERAL SWIMMING 10:00 - 12:00				GP				GENERAL SWIMMING 15:00-19:00				PUBLIC REHAB 19:00 - 20:00		CLOSED													
WEDNESDAY 16TH APRIL	GENERAL SWIMMING 08:00 - 15:00										GP		GENERAL SWIMMING 16:00- 20:00								CLOSED											
THURSDAY 17TH APRIL	GENERAL SWIMMING 08:00 - 20:00																								CLOSED							
FRIDAY 18TH APRIL	CLOSED																															
SATURDAY 19TH APRIL	GENERAL SWIMMING 09:00- 14:00										CLOSED																					
SUNDAY 20TH APRIL	CLOSED																															

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- COLOUR CHART:
- SWIMMING
 - ADULTS ONLY
 - FUN SESSIONS
 - PARTIES
 - AQUAFIT
 - LESSONS
 - AQUAGYM
 - LANES
 - PUBLIC REHAB
 - SCHOOLS
 - OTHER
 - NOT OPEN TO THE PUBLIC
 - GP REFERRAL
- S = Shallow End
D = Deep End

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